

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bogaerts Michel

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE WOMEN 15-16		Heat:2, starttime: 09:01
Heat: 2/5 Lane : 4 Athlete: BOGAERTS XENA		Q-time: 00:38:63
PB (50m pool): 00:43.33 SportinGenk Park 01/04/2024 PB (25m pool): 00:38.63 SB: no time		
	5 0 M	
PB	00:43.33	
	00:43.33	
		

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 15-16		Heat:4, starttime: 09:10
Heat: 4/5 Lane : 2 Athlete: VANDERBORGHT MILAN		Q-time: 00:37:44
PB (50m pool): 00:37.44 SportinGenk Park 21/04/2025 PB (25m pool): 00:35.35 SB: no time		
	5 0 M	
PB	00:37.44	
	00:37.44	
		

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 15-16		Heat:2, starttime: 09:41
Heat: 2/6 Lane : 3 Athlete: COPPENS JACK		Q-time: 01:31:59
PB (50m pool): 01:31.59 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:35.90 SB: no time		
	5 0 M	1 0 0 M
PB	00:43.03	01:31.59
	00:43.03	00:48.56
		

Coach feedback:

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Event number: 6: 100M BREASTSTROKE MEN 15-16			Heat:3, starttime: 09:43
Heat: 3/6 Lane : 3 Athlete: GAVENAS AUGUSTAS			Q-time: 01:28:23
PB (50m pool): 01:32.39 Antwerpen 14/07/2024			PB (25m pool): 01:28.23 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:32.39	
	no time		
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 17+			Heat:1, starttime: 09:54
Heat: 1/5 Lane : 6 Athlete: WEGENER LUCA			Q-time: 01:07:09
PB (50m pool): 01:14.72 Antwerpen 16/07/2023			PB (25m pool): 01:05.51 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:14.72	
	no time		
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 17+			Heat:3, starttime: 09:58
Heat: 3/5 Lane : 1 Athlete: BOVE SAMUEL			Q-time: 00:59:74
PB (50m pool): 00:59.74 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:57.48 SB: no time
	5 0 M	1 0 0 M	
PB	00:28.17	00:59.74	
	00:28.17	00:31.57	
			

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 15-16			Heat:3, starttime: 10:12
Heat: 3/5 Lane : 1 Athlete: VANDERBORGHT MILAN			Q-time: 00:34:09
PB (50m pool): 00:34.09 SportinGenk Park 21/04/2025			PB (25m pool): 00:31.25 SB: no time
	5 0 M		
PB	00:34.09		
	00:34.09		
			

Coach feedback:

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Event number: 12: 50M BACKSTROKE MEN 17+			Heat:3, starttime: 10:23
Heat: 3/6 Lane : 1 Athlete: WEGENER LUCA			Q-time: 00:34:45
PB (50m pool): 00:41.92 Zwembad Brigitte Becue Oostend 19/05/2025 PB (25m pool): 00:34.45 SB: no time			
	5 0 M		
PB	00:41.92		
	00:41.92		
			

Coach feedback:

Event number: 12: 50M BACKSTROKE MEN 17+			Heat:3, starttime: 10:23
Heat: 3/6 Lane : 2 Athlete: BOVE SAMUEL			Q-time: 00:33:61
PB (50m pool): 00:33.24 Antwerpen 14/07/2024 PB (25m pool): 00:33.62 SB: no time			
	5 0 M		
PB	00:33.24		
	00:33.24		
			

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 15-16			Heat:3, starttime: 10:42
Heat: 3/6 Lane : 8 Athlete: BOGAERTS XENA			Q-time: 01:33:83
PB (50m pool): 01:33.83 Antwerpen 13/07/2025 PB (25m pool): 01:29.01 SB: no time			
	5 0 M	1 0 0 M	
PB	00:43.83	01:33.83	
	00:43.83	00:50.00	
			

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 15-16			Heat:2, starttime: 10:52
Heat: 2/6 Lane : 1 Athlete: COPPENS JACK			Q-time: 01:30:74
PB (50m pool): 01:30.74 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:21.38 SB: no time			
	5 0 M	1 0 0 M	
PB	00:37.10	01:30.74	
	00:37.10	00:53.64	
			

Coach feedback:

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Event number: 14: 100M BUTTERFLY MEN 15-16			Heat:3, starttime: 10:54
Heat: 3/6 Lane : 8 Athlete: GAVENAS AUGUSTAS			Q-time: 01:19:65
PB (50m pool): 01:26.44 Antwerpen 14/07/2024			PB (25m pool): 01:19.65 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:26.44	
	no time		
			

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 15-16			Heat:3, starttime: 11:17
Heat: 3/8 Lane : 5 Athlete: BOGAERTS XENA			Q-time: 00:38:84
PB (50m pool): 00:38.84 SportinGenk Park 21/04/2025			PB (25m pool): 00:39.43 SB: no time
	5 0 M		
PB	00:38.84		
	00:38.84		
			

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 15-16			Heat:1, starttime: 11:24
Heat: 1/4 Lane : 5 Athlete: GAVENAS AUGUSTAS			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 00:49.77 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 15-16			Heat:2, starttime: 11:25
Heat: 2/4 Lane : 5 Athlete: COPPENS JACK			Q-time: 00:37:50
PB (50m pool): 00:43.75 Zwembad Brigitte Becue Oostend 19/05/2025			PB (25m pool): 00:37.50 SB: no time
	5 0 M		
PB	00:43.75		
	00:43.75		
			

Coach feedback:

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Event number: 18: 50M BACKSTROKE MEN 15-16		Heat:3, starttime: 11:27
Heat: 3/4 Lane : 7 Athlete: VANDERBORGHT MILAN		Q-time: 00:36:66
PB (50m pool): 00:36.66 SportinGenk Park 21/04/2025 PB (25m pool): 00:36.31 SB: no time		
	5 0 M	
PB	00:36.66	
	00:36.66	
		

Coach feedback: